

# STERLING PUBLIC SCHOOLS - WEEKLY BULLETIN: Sept 26-Oct 3, 2026

**Saturday  
September 26**

Elementary Flag FB (Grades 1-6) 10-11 AM  
Freeman JH VB Tournament - 9AM - Bus leaves @ 8:15AM - Bracket on back  
Sandy Creek Quad (WC/Palm/SC) 10AM - Vans leave @ 7:15AM - Bracket on back

**Sunday  
September 27**

Elementary VB Tournament from 1-6PM  
Booster Club Meeting - 6PM in the CAFETERIA  
SYA Meeting - 7PM

**Monday  
September 28**

Breakfast: Blueberry Pancakes, Egg, Ham, Fruit, Milk, Juice  
Lunch: Orange Chicken, Rice, Fruit, Veggie, Salad Bar, Milk  
Apply2College (Seniors)  
JH VB vs. Johnson-Brock - HOME - 2PM  
JH FB @ Pawnee City - 4PM - Van leaves @ 2:15PM  
JCC JV Triangular @ Tecumseh (JCC/PC) 6/7PM - Vans leave @ 4:50PM  
JV FB Triangular @ Parkview (Parkview/Lewiston) - 6PM - Bus leaves at 4PM  
FOOTBALL PRACTICE: TBA

**Tuesday  
September 29**

Breakfast: Oatmeal, Egg Patty, Sausage, Fruit, Milk, Juice  
Lunch: Chicken Alfredo, Roll, Fruit, Veggie, Salad Bar, Milk  
JH FB & VB Pictures  
VB vs. Dorchester (JV,V) HOME - 6PM  
FOOTBALL PRACTICE: 4-6PM

**Wednesday  
September 30**

Breakfast: Croissant, Ham, Yogurt, Fruit, Milk, Juice  
Lunch: Baked Potato Bar, Beans, Fruit, Veggie, Salad Bar, Milk  
Pioneer Conference Leadership Summit @ PSC - Bus leaves @ 7:45AM  
FFA Land Judging @ Nemaha NRD (Humboldt) - Van leaves @ 7:30AM  
JH VB @ Lewiston - 4PM - Vans leave @ 2:30PM  
VOLLEYBALL PRACTICE: 4-6PM  
FOOTBALL PRACTICE: 4-6PM

**Thursday  
October 1**

Breakfast: Danish, Egg, Sausage, Fruit, Milk, Juice  
Lunch: Breakfast Bowl, Hash Browns, Fruit, Veggie, Salad Bar, Milk  
FFA Connecting Chapters @ Johnson-Brock - Van leaves @ 12:15PM  
VB @ FCSH (JV,V) 5:30PM - Bus leaves @ 3:15PM  
FOOTBALL PRACTICE: 4-6PM

**Friday  
October 2  
EARLY OUT  
@ 2:04PM**

**NO PRESCHOOL/PRE-KINDERGARTEN**  
Breakfast: Pop Tart, Ham, Hash Browns, Fruit, Milk, Juice  
Lunch: Chicken Pot Pie, Fruit, Veggie, Salad Bar, Milk  
UNO Math Competition - Van leaves @ 7:15AM  
VOLLEYBALL PRACTICE: 4-6PM  
FB vs. HTRS - HOME - 7PM

**Saturday  
October 3**

Elementary Flag FB (Grades 1-6) 10-11 AM  
Harvest of Harmony Parade - Bus leaves @ 5:50AM  
Post Prom Meeting - 4PM @ CB  
Post Prom Trivia Night - 6PM @ CB



**PLAY PRACTICE: M-F @ 7AM**

**JH VB Extended  
Practice Schedule**  
September 29  
October 8  
\*October 12  
\*October 13  
**\*TBD based on HS VB**

**MORE INFO ON BACK**

**THE JET WAY: RESPECT** is shown through both our words and our actions. Ask your child: How can you disagree respectfully? How can you show **RESPECT** when no one is watching? How do you feel when someone treats you with **RESPECT**?

**ACADEMIC SUCCESS: MR. GOSSARD**

**DETENTION: TBA**

## 9/27 - SANDY CREEK QUAD

### MATCH SCHEDULE

#### Varsity Matches- High School Gym

10:00- Sandy Creek vs Wilber-Clatonia

11:00- Palmyra vs Sterling

Sandy Creek vs Sterling

Palmyra vs Wilber-Clatonia

Wilber-Clatonia vs Sterling

Sandy Creek vs Palmyra

#### Rolling Schedule after Matches 1 & 2

#### JV Matches- Elementary Gym

Palmyra vs Sterling

Sandy Creek vs Wilber-Clatonia

Wilber-Clatonia vs Palmyra

Sandy Creek vs Sterling

Sandy Creek vs Palmyra

Wilber-Clatonia vs Sterling

## TRAP MEETING OCT 4 @ 1PM in the CAFETERIA

\*Grades 6-12

\*Parents welcome & encouraged to come

\*For new or interested shooters and returning members

## FREEMAN JH TOURNAMENT - SOUTH GYM

Freeman

9AM

Sterling

Johnson-Brock

10AM

Lincoln Christian

**PEDIATRIC CANCER AWARENESS MONTH**  
ALL PROCEEDS GO TO AVA'S ARMY

# Fresh SQUEEZED Lemonade

### Details

- 32 oz drinks
- \$5 regular  
\$6 flavored
- Order by 11 AM for same day delivery
- Monday - Friday
- Free delivery** in town!

### Flavors

- Strawberry
- Cherry
- Peach
- Raspberry
- Blue raspberry
- Green apple
- Coconut
- SF Strawberry
- SF Cherry

**Order Now!** **402-802-0898**  
Call or text to place your order!

**DELIVERY OPTIONS:**  
FREE DELIVERY BETWEEN 12:00-2:00  
OR MEET OUTSIDE THE SCHOOL AT 3:30 M-TH  
& 2:00 ON FRIDAYS!